

## School Health Advisory Committee Meeting

### Meeting Minutes November 15, 2022

1. **Call to Order.** Jenny Starr.
2. **Note the Start time.** 8:06
3. **Attendance.** Greg Pope, Jenny Starr, Jessi Perot, Nancy Essary, Ashley Zucoskely, Mallory Jackson, Tim Vandegriff, Nikki Hart, Jason Pitts, Madesha Stapleton, Grayson Howard, Ava Robison, Leondrea Peake, Reid Young, Taylor Huey, Max Martinez, Laycie Huey.
  - a. **Introduction**
  - b. **Welcome guests.** No guests.
4. **Reports/Updates**
  - a. **Health Services - Nurses.** Nurse Starr talked about the Everyday Heroes program at the Elementary.
  - b. **Counseling/Guidance - Campus Counselors.** Mental Health/Behavior Counselor Christy Jaap talked about a program she is reviewing called YAMH(Youth Aware Mental Health). She will be sharing more information in January.
  - c. **Safe and Drug-Free Schools - Campus Counselors and Principals.** Trisha Sampson shared with SHAC that the Red Ribbon Week was a success at the Middle School Campus. There was a theme for each day along with encouraging messages to the students.
  - d. **Nutrition Services - Director of Child Nutrition.** Greg Pope reported Child Nutrition Director Toni Druscke continues to teach Food preparation classes to two High School Classes. Both classes are full in the second year of the program. The Universal Free Lunch program ended in June of this year, and so the students who do not qualify for the Free and Reduced lunches are being charged again. The total numbers for both cafeterias have dropped by about only one hundred students.
  - e. **Physical Education - P. E. Coordinator.** Jason Pitts reported that the number of boys in football are up significantly from last year. The total numbers of all athletics has not been tracked prior to his arrival, and so it is his goal to begin tracking the numbers and increase the number of students participating in athletics.
  - f. **Employee Health and Wellness - SHAC Members.** No news
  - g. **Health Education - Principals.** See Bullet # 5
5. **Open Discussion/Questions**
  - a. **Discuss replacing the Esteem program with another program.** Christy Jaap reported that Research has already begun with reviewing of the program called Positive Actions. As this program and others are being considered for review, those will eventually be brought to the SHAC committee for review and possible action requested from the Board of Trustees. Board Action and Approval is required for any program replacing the Esteem program.
6. **Consent/Action Items**
  - a. None
7. **Recommendations to be brought before Board of Trustees**
  - a. **New member or members?** None
8. **Nominate & Elect a Parent to Chair the Committee - No Action**
9. **Minutes from the previous Meeting - Read by Jenny Starr**
10. **Closing Comments/Adjournment.** Ava Robison brought up the issue of Vaping and the enforcement, education, and possible detection tools that could be utilized to discourage and prevent the use of such devices. The students all shared their thoughts and concerns in discussion.